

**What do I do well already?**

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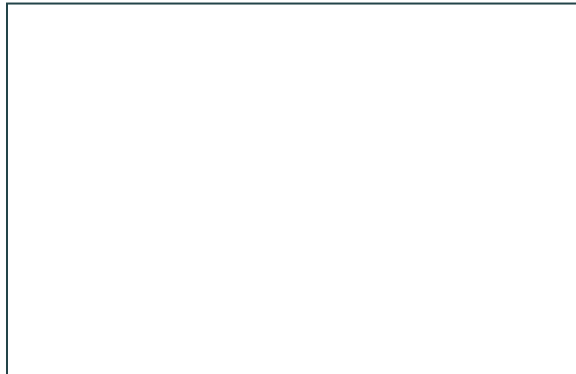
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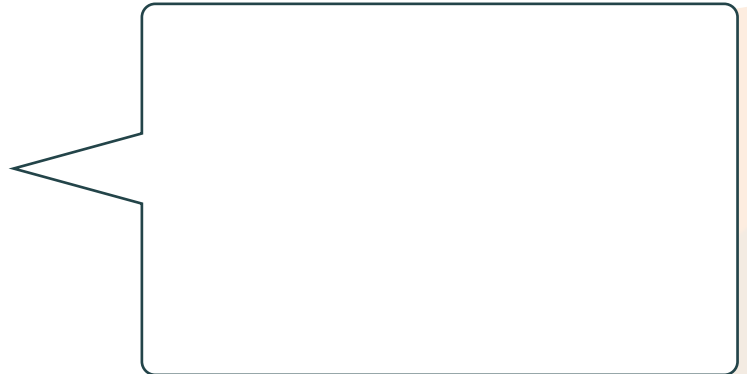
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**What is one goal I want to work on?**



**How would it feel if I were successful?**



**What might get in my way?**

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**If (obstacle) then (action) plans:**

If \_\_\_\_\_ then \_\_\_\_\_.

If \_\_\_\_\_ then \_\_\_\_\_.

If \_\_\_\_\_ then \_\_\_\_\_.